



QUARTERLY NEWSLETTER

www.MNACEP.org

2025, Quarter 1



Matthew Herold, MD
MNACEP President

President's Message

Dear Members,

It has been an exciting quarter for MNACEP! In January, we gathered for both our annual Emergency Medicine Summit and Board of Directors' strategic retreat. Both events highlighted the truly remarkable expertise and diversity of our chapter. Minnesota emergency physicians should be proud of both our members and Board for their commitment to improving emergency care for all, whether we work in urban, suburban, rural, or academic settings. The Board is currently refining a two-year strategic plan that will support our collective vision for communication, education, and advocacy moving forward. As emergency physicians, we have a unique ability to distill complex scenarios into workable solutions, and we must continue to work together to advance our field. In February, we also gathered in St. Paul for our first Emergency Physicians' Day at the Capitol in conjunction with our residency training programs. It was inspiring to see nearly 100 emergency physicians—with a range of experience from 1 to 44 years—working together in the same place to share the truth about what is happening in our departments and how policy will impact our patients. I was humbled by the incredible engagement and am very thankful to our Executive Director, Sarah; her team; Buck and Mark from Libby Law; and our Minnesota emergency medicine residents, coordinators, directors, and lobbyists who made this event a success. I did not take the opportunity to learn about advocacy until I was 15 years into my career, and I believe emergency medicine will be in good hands with so many young emergency physicians making the most of the chance to impact health policy. Please continue to consider how you may participate in our MNACEP initiatives in 2025 and beyond. More opportunities will be coming throughout the year to come together and connect!



Association Updates

Minnesota ACEP Email Update – Action Needed!

Minnesota ACEP has a new email address! Effective March 1, all communications will come from exec@mnacep.org. The prior email address (mnacep@gmail.com) will be archived at the end of May 2025. Please update your records and spam filters to ensure you continue receiving important communications from us. While our updated email should reduce blocked messages, some emails may still land in your spam folder. Please take a moment to add us to your safe sender or focused email list.

Board Member Elections

Congratulations to Dr. Kurt Isenberger, Dr. David Nestler, Dr. Amy O'Neil, Dr. Christopher Obetz, Dr. Rob Thomas, Dr. Emily Wagner, and Dr. Andrew Zinkel on their re-election to the MNACEP Board! We are grateful for their continued dedication and leadership in supporting physicians and patients in Emergency Medicine. Their commitment ensures ongoing advocacy and excellence in our field, and we look forward to another impactful term ahead.



Opt in to ACH Payments

We are excited to announce that ACEP now offers the option to pay your membership dues through direct ACH transfers, also known as electronic check. ACH transfers are electronic, bank-to-bank money transfers processed through the Automated Clearing House (ACH) Network. Not only does this make your renewal seamless, but it also saves our chapter money! Paying by ACH greatly reduces the fees that ACEP and our chapter must remit to the credit card companies and allows us to put more dollars directly towards the advocacy efforts and other member benefits that you value. This new payment option is available on the membership application for new and renewing members, while those who are using installments and auto-renew can easily update their payment information any time by accessing the [Payment Methods](#) section of [My Account](#) on ACEP's website. Please consider switching to ACH for your next dues payment.

New Members

Please welcome the newest members to our MNACEP chapter!

- Carley JM Hickey, Medical Student (Rochester)
- Jaden Miller, Medical Student (Duluth)

Invite your colleagues to [join MNACEP](#) so they can also take advantage of ACEP's local and national network and benefits.

Clinical Corner

Reminder: Clinical Case Submissions Are Encouraged!

Minnesota ACEP continues to accept clinical case submissions for our quarterly newsletter. We're excited to feature our first case in this edition and invite you to share your own. If you have an interesting case—whether it's a unique diagnosis, a challenging treatment, or a noteworthy patient outcome—please submit it using the form here: [Submit Your Case](#). Your contribution helps highlight key clinical insights and fosters learning within our community. We look forward to showcasing more of the incredible work being done in our field!

[Submit a Case](#)

Upcoming Events



ACEP Leadership and Advocacy Conference

Washington, DC

April 27-29, 2025

Shape the Future of Emergency Medicine The challenges facing emergency medicine have never been more significant. As our field grapples with mounting threats to EMTALA, ongoing healthcare consolidation, an increasingly difficult reimbursement landscape, and the worsening boarding crisis, it's critical that our voices are heard.

That's why we're calling on you to join us in Washington, DC, from April 27-29, 2025, for the Leadership & Advocacy Conference (LAC 2025). This is your chance to make an impact where it matters most—on Capitol Hill and beyond.

Why Attend?

At LAC 2025, you'll have the unique opportunity to:

- *Influence Key Policy Decisions* – With both the House and Senate in session, your advocacy efforts will directly contribute to shaping the future of emergency medicine.
- *Strengthen Your Advocacy Skills* – Whether you're a seasoned participant or a first-time attendee, we'll provide expert training on how to effectively educate your Members of Congress and navigate critical legislative issues.
- *Expand Your Professional Network* – Connect with fellow emergency physicians, health care leaders, and policymakers who share your passion for protecting and advancing the profession.
- *Advocate Beyond Capitol Hill* – Learn how to advocate for yourself within the workplace to improve your professional livelihood, financial security, and overall well-being.

Make Your Voice Heard

The fight for fair policies and better patient care isn't just about legislation—it's about action. Join us for Lobby Day, where you'll meet directly with lawmakers and their staff to address pressing concerns in emergency medicine. Your presence matters, and together, we can drive meaningful change.

Earn CME Credit While You Advocate

This event is approved for AMA PRA Category 1 Credit™, ensuring that your advocacy efforts also contribute to your professional development.

Emergency medicine needs strong advocates—it needs you. Let's unite in Washington to fight for the policies that protect our patients, our profession, and our future.

[Register](#)

[Full Schedule](#)

[Lobby Day](#)

Treat Yourself First

MNACEP joined a partnership, led by Minnesota Medical Association and the Minnesota Department of Health, to develop the Treat Yourself First initiative. This group of Minnesota-based professional associations are working together to end the fear and stigma that many healthcare professionals experience when in need of mental health services and support. The initiative offers tools, resources, and expertise to support your well-being, because you matter.

Even before COVID-19, the National Academy of Medicine found that burnout had reached “crisis levels” among the U.S. healthcare workforce, with 35-54% of nurses and physicians, 61-75% of pharmacists, and 45-60% of medical students and residents reporting burnout symptoms. A 2017 study published in Mayo Clinic Proceedings found that overall, about 40% of physicians reported reluctance to seek formal medical care for treatment of a medical condition. The mission of the initiative is to create a supportive, stigma-free environment where healthcare workers can prioritize their well being without fear of judgement.

[Learn More](#)

Consider a second opinion on your own mental health.

Connect with a coalition that cares.



Exciting New Training Resource for Healthcare Providers: Advancing Serious Illness Communication



We are excited to share a valuable resource for MNACEP members working with seriously ill patients. The Center for Advancing Serious Illness Communication (CASIC), a collaboration between the Minnesota Medical Association (MMA) and the Minnesota Hospital Association (MHA), has launched a virtual live classroom training to complement

last year’s on-demand training series on serious illness conversations (SIC).

Sponsored by Blue Cross and Blue Shield of Minnesota, CASIC is committed to:

- Establishing a statewide standard for SIC training, implementation, and workflow;
- Increasing the use of SIC among healthcare providers;
- Normalizing SIC practices across healthcare settings to benefit patients, families, and clinicians.

The three-module, on-demand introductory training is a prerequisite for the live session, preparing clinicians to engage in meaningful discussions about serious illnesses. Based on the evidence-backed Serious Illness Communication Guide (SICG) from Ariadne Labs, this structured, interactive training is led by experienced faculty with expertise in serious illness and end-of-life care. This free training is open to all care team members working with seriously ill patients. The on-demand modules must be completed in sequence and can be accessed at www.advancingsic.org/training-and-events, where updated classroom training dates and registration links are also available. Space is limited and requires advance reservation. Physicians can earn 4 AMA PRA Category 1 credits by completing both the on-demand and live training. Other healthcare professionals may submit a Statement of Attendance for credit consideration. Patients deserve compassionate, clear communication about their care. This program ensures serious illness conversations become the standard, giving every patient a voice in their treatment choices.

The next training sessions will take place on:

- Tuesday, March 25, 12:45 pm to 4:30 pm
- Tuesday, April 15, 12:45 pm to 4:30 pm
- Tuesday, April 29, 12:45 pm to 4:30 pm

For any questions, please contact Lori Brostrom, Executive Director, Center for Advancing Serious Illness Communication at lbrostrom@advancingsic.org.

Join the Movement

Become a member of Minnesota ACEP and contribute to the growth of emergency medicine in the region.

Together, we can lead as a proactive and influential presence in the field of emergency medicine in Minnesota.

[Learn More](#)

